

THE ROCK

Girls' Youth Tryouts

Grades 3-6

What: THE ROCK girls' youth program is having tryouts to participate in a winter program that allows girls to continue to develop their game through team practices (Goal = 2 practices per week), and tournaments/games locally and throughout the state from January through March.

How To Register: YOU MUST REGISTER ONLINE BY CLICKING ON THE TAB LABELED "ROCK GIRLS BASKETBALL REGISTRATION" on our website www.rockfordgirlsbasketball.com.

- When you check in for the night of tryouts there will be a mandatory \$25 deposit fee that you MUST PAY PRIOR TO BEING ALLOWED TO TRYOUT. (Checks should be written out to "The Rock Girls Basketball").
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Where & When: Two nights of tryout will be at Rockford High School (4100 Kroes Road).

- Sunday, November 3 - 4:30PM-5PM Check-In (**Please have your \$25 deposit fee ready to turn in upon check-in**) followed by 5:00PM-6:30PM Tryout all at **Rockford High School** (*Please use main athletic entrance on northwest corner of facility. Check-in will be upstairs*).
- Tuesday, November 5 - 5:00PM-6:30PM at Rockford High School.

Why: This program has been created to allow girls a chance to continue playing and developing their skills and interest in the game of basketball. They will also get the chance to play against top notch competition from teams throughout the state.

Who: With the help of The Rockford Girls' Basketball Program and other parent/community members, Ryan DeKuiper will coordinate the Rock Girls Basketball Program and can be reached at rdekuiper@rockfordschools.org or by calling 616-690-0688.

- Please direct any questions you may have to Ryan.
- IF YOU ARE INTERESTED IN COACHING A "ROCK" TEAM PLEASE E-MAIL OR CALL RYAN AND LET HIM KNOW!

Extra Info: Below is some other helpful information about this program:

- Practices for "The Rock" will begin the week of December 8, and it is our goal to get each team 2 practices / per week.
- Tournaments / Games will be scheduled and played from January through March.
- The cost will be approximately \$300 per 4th-6th grade player and \$200 per 3rd grade player (This number could go up or down depending on the amount of tournaments / games your team participates in). This fee covers the cost of gym rental for practice, tournament / game participation fees, a shooting shirt, and full uniform.